

How can I ask AVP USA facilitators a question?

Dear .....

There is an American facilitators discussion googlegroup or listserve called AVP-L. It has an average of 5 emails per day. It has about 300 members largely from the US but with some people from outside the US.

You have three choices

1) You can send an AVP-L member your question / request in an email and have it sent to the group with your email address. Most replies would come to you directly and the member would forward you any emails that come through AVP-L

2) You can join the group and interact with it as suits you. Toby Laverty from AVP California is the contact person - [ttlaverty@gmail.com](mailto:ttlaverty@gmail.com)

3) You can join the group and after you have received your emails you can either leave the group or turn your membership to no emails/read on internet only status so that you can activate getting emails when it suits you.

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